

29 January 2019

Dear Parents

### **Primary (Years 3-6) School Sport 2019**

Welcome back to another school year. I am very excited to be coordinating Sport for Primary once again and am writing to let you know of the wonderful opportunities available to your child. Our sporting program seeks to offer a wide range of experiences providing a solid skill base for all children, with an emphasis on participation and fun.

#### **Inter-School Sport**

During Terms 1-3, Covenant participates in an inter-school competition with some neighbouring independent schools: Oxford Falls Grammar, Northern Beaches Christian, St Luke's Grammar, John Colet, Galstaun College, Loquat Valley and Pittwater House. All students are invited to trial for as many Covenant teams as they like.

We love having parents supporting our teams. If you are ever able to attend the matches on Fridays and could possibly help with scoring or umpiring, we'd appreciate hearing from you. We would also be interested if any parent would like to be involved in coaching teams.

Students who are not involved in the inter-school teams will either remain at school to participate in School Sport, or be involved in extra options which are briefly outlined below. **Please keep the '2019\_SPORT Outline' in a safe and accessible place** for future reference.

#### **Swimming**

Swimming is a sport that we highly recommend each child participates in. Warringah Aquatic Centre offers a program that caters for all levels of ability beginning with non-swimmers through to squad level. Students will attend lessons once per week for a whole term.

**Gymnastics** is conducted by accredited coaches from Manly Warringah Gymnastics Club who run the sessions here at school.

**Tennis** is conducted by accredited coaches on the courts beside the school.

**Dance** will be taught by Mrs Katrina Dolman who teaches Dance at Covenant and runs the after-school Dance program.

**AFL, League and CRICKET Clinics** will be conducted by accredited coaches from AFL NSW, Sea Eagles NRL and Cricket NSW here at school.

**Biathlon (Year 5/6)** will take place at Freshwater Beach. Students will travel by bus to the beach where the sessions will be conducted by teachers.

**School Sport** - Students who participate in school sport will be offered as wide a range of experiences as possible. Sports include cricket, mini tennis, frisbee, softball, tee-ball, basketball, European handball, eagle tag, touch football, dance, AFL, netball, soccer and other modified games. Our aim is to provide students with knowledge and skills for upcoming inter-school sports and gala days, as well as engaging in fun, friendly games and competition.

### Gala Days

Covenant participates in a number of gala days during the year and once again we would appreciate any parent help with coaching (before and/or on the day). The sports include soccer, netball, eagle tag, basketball, biathlon, gymnastics and tennis (see outline for dates and venues).

### Zone, State, CIS level competition

Students have the opportunity to qualify for higher levels of competition beyond the school swimming, athletics and X-Country events. These carnivals mostly involve teacher supervision and parent transport.

### Training Squads

There will training squads for:

- \* Rugby League - lunch times in Term 3 (boys in years 3-6)
- \* Athletics – after school (3.45-5.00pm), at Narrabeen Athletics Centre in Terms 2 and 3 for Years 2-6. Probably Tuesday afternoons. The dates are yet to be determined.

### NB:

- All sport options (except Eisteddfod Dance) are covered by the school fees paid each term.
- After-school sport options (eg Athletics) will require payment – as indicated on the notes that will go home. As will some clinics (which will also be stated in any accompanying notes).
- The major sport options conducted outside of school (including inter-school) involve bus transport with teachers accompanying.
- Gala Days, after-school squads and the higher level carnivals usually involve parent transport and/or the school mini-bus.
- If you have any expertise in specific sports and would like to help train teams, teach skills or referee games, please let us know (NB - it counts towards your PIP hours).
- If your child has talent in a particular sport, please let Miss Hammond know so we can look for opportunities to extend them (eg CSSA and CIS trials)

*Notes will be sent home with more specific details about each term's options and approaching events. These are listed in the weekly newsletter and can also be viewed on the school website under letters/forms - Jun School letters or <http://tinyurl.com/CCSNotes> - Junior School Notes/Forms.*

Thank you for taking the time to read this letter. I encourage you to talk with your child about the sports they would like to participate in this year.

If there is anything you need to discuss, please feel free to contact Tanya Hammond at school as we are more than happy to receive feedback or discuss any issues or concerns you may have. You can email Tanya at [t.hammond@covenant.nsw.edu.au](mailto:t.hammond@covenant.nsw.edu.au)

Yours in the service of Christian education

Miss T Hammond  
Primary Sport Coordinator

Mr W Morton  
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